

Guo Gu's Activities Outside of Tallahassee Chan Group Center 2012

October

14: From 1-4pm, Guo Gu will be teaching a Zen Based Stress Reduction Workshop at Yoga Quest in Tallahassee, FL. Registration is required. Please contact Javier: Javier@volunteerflorida.org.

November

30: Guo Gu will be giving a dharma talk at San Francisco DDMBA Center. Please contact Warren for more details and registration: whpobox@gmail.com.

December

1: Guo Gu will be leading a Zen Based Stress Reduction Workshop at SF DDMBA Center. Please contact Warren for more details and registration: whpobox@gmail.com.